

IRENE OPEN 10 KM

RACE WALKING GRAND PRIX

09 OCT 21: IRENE OVAL

(Incorporating AGN Team Trials for the ASA RW
Championships

And Irene Club Championships)



Athletics
Gauteng North



IRENE

PROGRAM & STARTING TIMES

No	Age Group	Distance	Start Time	Entry Fee
1	Open Men & Women	10 km	07h30	R50
2	Junior Men & Women (18, 19; b2002, 2003)	10 km	07h30	R50
3	SAMA Men & Women Including Novice Walkers	10 km	07h30	R50
4	Youth Boys (16, 17; b2004, 2005)	10 km	07h30	R50
5	Youth Girls (16, 17; b2004, 2005)	5 km	08h45	R50
6	Sub-youth Boys & Girls (14, 15; b2006, 2007)	5 km	08h45	R50
7	SAMA Men & Women Including Novice Walkers	5 km	08h45	R50
8	Sub-youth Boys & Girls (<=13; b2008 & later)	3 km	09h30	R50
9	Sub-youth Boys & Girls (<13; b2009 & later)	1 km	09h30	R50
10	Results e-mailed to Participants			
11	No Medals			

Registration - No Entries on Race Day

- Pre-Entries ONLY before 06 Oct 21 - Entry Form Link in Irene Cover Letter:
- To enter on Google Forms, press ctrl and enter simultaneously and thereby access the athlete's entry form
- https://docs.google.com/forms/d/e/1FAIpQLScp_ZcJ43tiGWKXcpTbBNV3rxQ-WjUqTOAvXerrHXrLruzzdQ/viewform?usp=sf_link

Payments to be made into the following account:

- Bank: Standard Bank
- Account Name: Irene AC
- Branch Code: 012645
- Account Number: 032183186.
- Reference: Irene GP, Name and Surname

Send Proof of Payment to djllappies@gmail.com



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IRENE

GENERAL

RACE INFO

Refer to the Covering Letter: Irene Open 10 Km Race Walking Grand Prix dated 25 September 20, as amended, for detailed instructions how to enter.

Licensed athletes to wear club colours and their 2021 ASA licence number back and front as well as age tags. No "W" tags required, as this is a racewalking event only

If not in possession of a valid 2021 ASA license, a temporary license must be purchased @ R40 together with your pre-payment & collected at the race on race day.

Participants must be able to produce their identity document (or drivers licence) if required to verify age.

The event will be held according to WA and ASA rules. All participants participate at own risk. Participants indemnify the national and provincial bodies; and organisers of the race against all and any action of whatever nature that may arise out of their participation in the events.

The course is fast and flat right-hand-cone track with two turning points, generally circling around the Irene Oval. It is a 1 km measured and certified route.

Lap counters, officials and judges will be present.

The penalty zone (pit lane) rule will be applied.

Appeals must be lodged, in writing, within 30 minutes after the race. They must be lodged with the chief judge accompanied by R300 which is refundable if the appeal is upheld.

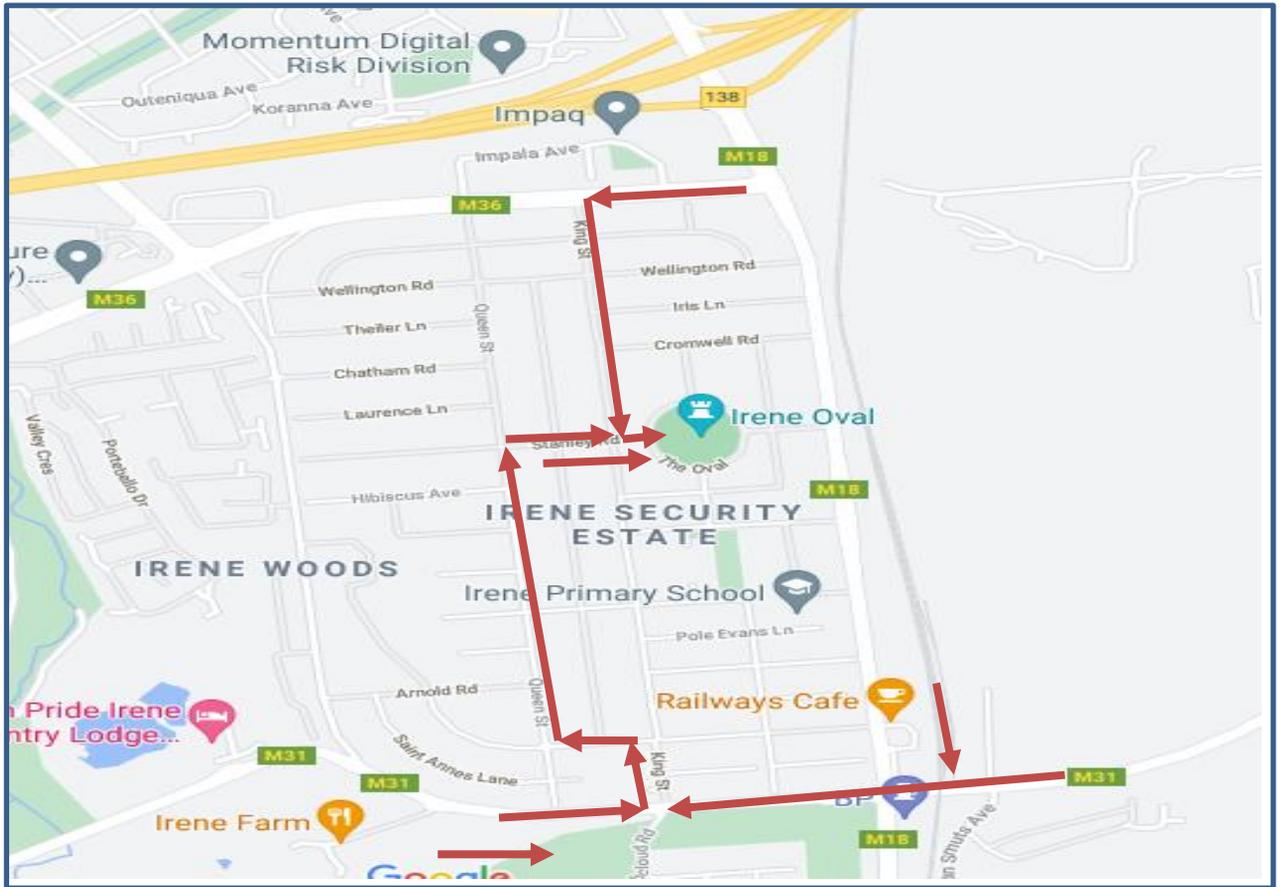
A water table with water sachets ONLY will be provided.

No seconding will be allowed.

Kindly note the WA and ASA rule that walkers may not cover their knees, no long pants allowed and knees must be visible to the judges.

No earphones, iPods and the like allowed and contravention of WA rule 6.3 will lead to disqualification.

ACCESS MAP AND ROUTES



IRENE OVAL

The race start is at the corner of Stanley and The Oval Roads, Irene.

The Oval is in the Irene Village Centurion. Enter from Alexandra Road into King Road or Nelmapius Drive into Queen as the Main Street gate only opens at 07:00.

Report to Registration Table upon arrival.

Ample parking around the Oval. Please do not park on the resident's paving. Use the inner circle of the Oval, as directed by traffic marshals, park on The Oval side only.

Please respect the Irene Village and community. We depend on their goodwill when presenting events at this venue!

No Spectators
Face Mask Compulsory
Maintain Social Distancing
Do not arrive more than 60 min prior to participating
Report in Call Room 30min before racing

Race Organiser – Irene Athletics Club, Supported by AGN Racewalking Committee.
Danie Labuschagne 072 972 0871
Jaap Willemse 083 266 1133